



Plastic Surgery Bulletin

Timely Information for Patients & Colleagues

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Breast Implant Recall

In the United States annually, approximately 300,000 cosmetic breast augmentations are performed and 150,000 breast reconstructions are performed with implants.

There are many variations in breast implants, including type of implant fill - saline or silicone, shape - round or teardrop, and surface - smooth or textured. There are also different implant manufacturers.

Allergan Recall

On July 24, 2019, Allergan made a voluntary withdrawal of Biocell® textured breast implants and tissue expanders. This was done because the FDA reviewed information that showed an association between breast implant-associated anaplastic large cell lymphoma (BIA-ALCL) and Allergan Biocell® textured breast implants.

BIA-ALCL is an uncommon cancer found in patients that have breast implants with a textured surface. The presenting symptom is swelling, pain, and/or a lump. The risk of BIA-ALCL with textured implants ranges from 1:3,817 to 1:30,000. Treatment includes removal of the breast implant, capsules (surrounding scar tissue), and any associated lumps or masses. Other modalities of cancer treatment may be required depending on the extent of disease.

FDA Recommendations

For patients with Allergan Biocell textured implants, the FDA states that if there are no symptoms, the implants do not have to be removed. Recommendations are made for the patient to have a full evaluation by their physician, including routine exams and a work-up if any changes develop. Patients may choose to have their implants removed and also replaced. This discussion including options and risks is reviewed extensively with the patient.

It is important to emphasize that all patients should have regular breast self-exams and routine exams with their physician, including imaging. Any change in the breast exam of a patient with breast implants should also be evaluated by their plastic surgeon.

* References:

- American Society of Plastic Surgeons (plasticsurgery.org)
- The American Society for Aesthetic Plastic Surgery (surgery.org)
- US Food and Drug Administration (fda.gov)
- Allergan (allergan.com)
- Management of Asymptomatic Patients with Textured Surface Breast Implants - Aesthetic Surgery Journal Open Forum, Volume 1, Issue 3, Sept 2019

Dr. Zeineh featured in Spectrum News Channel story on "Dangers of Textured Breast Implants"

Dr. Zeineh was recently asked to be interviewed on Spectrum News Channel as the station covered recent news about the FDA taking action to protect patients from risk of certain textured breast implants by requesting Allergan to voluntarily recall certain breast implants and tissue expanders from market.

See the news story, including a patient interview, [click here](#).



Dr. Zeineh of St. Joseph Hospital of Orange Discusses Dangers of Textured Breast Implants

If you have questions or concerns about breast implants, feel free to contact Dr. Zeineh at zeineh@orangeplasticsurgeons.com.

About Linda L. Zeineh, M.D.

Dr. Zeineh is an active member of the American Society of Plastic Surgeons and the American Society for Aesthetic Plastic Surgery. She combines over 14 years of experience with cosmetic and reconstructive surgery in private practice with new technology and techniques in the care of her patients. Her first priority is the satisfaction and well-being of her patients, providing compassionate and personalized care.

A complete range of non-surgical and minimally invasive rejuvenation procedures are personally performed by Dr. Zeineh on her patients to achieve and maintain a youthful, refreshed, and natural appearance, including facial injections, skin tightening and facial/body contouring. Surgical procedures that Dr. Zeineh performs include: facial rejuvenation, body contouring, reconstructive and cosmetic breast surgery, and reconstructive surgery.

Dr. Zeineh respects your time and your privacy. If you no longer want to receive e-mails such as this one, please click [here](#). Note: Please do not respond to this E-Mail. The reply to E-Mail address is not a monitored account.

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