

Plastic Surgery Bulletin

Timely Information for Patients & Colleagues

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Patients are Seeking Facial and Eye Rejuvenation During Times of Video Conferences and Wearing Masks

As we transition to a time of extensive video conferencing replacing face-to-face meetings for work, our facial features are being magnified. Since the onset of COVID-19, my office has experienced an increase in seeing both female and male patients who have realized the importance of rejuvenating their facial appearance. This can affect career performance and income, as one competes with younger individuals in the work environment.

How can you know if you are a candidate for facial rejuvenation? Areas of volume loss, skin redundancy, and signs of aging and stress may be more apparent. Video conferencing from your computer gives a full facial view. Different angles of view on webcams can further alter what imperfections are perceived, especially in the neck region. This can affect one's self-confidence and work performance.

Beyond video conferencing at home, in the outside environment when we leave our homes, other factors become the focus of attention. When masks are worn, the attention is focused on the eye region. Our features are accentuated, so that excess skin, puffiness, and lines around the eyes and low positioned eyebrows are more noticeable.

Treatment Options

So, what can be done? Fortunately, there are several options that can result in a natural, refreshed appearance. You can maintain your unique look and identity, while gaining a more youthful appearance and improving self-confidence.

Many options exist for facial rejuvenation, including injections (fillers, botox®), threadlifts to improve the jowls and face, skin tightening treatments (thermi®), facelifts, necklifts, and liposuction.

Options for eye rejuvenation also include injections (botox®, fillers), skin tightening treatments (thermi®), browlifts, and upper and lower eyelid surgery. Some surgeries can be done while being awake, under local anesthesia.

I invite you to explore options to achieve your aesthetic goals. I am safely seeing patients in the office, following CDC guidelines. I am also available for telehealth phone consultations (714-997-4300) and photos and communication via HIPAA secure email at zeineh@orangeplasticsurgeons.com.

Health & Safety Procedures

Maintaining safety for my patients and staff is my priority. My office is adhering to CDC guidelines to maintain everyone's safety, including these strict procedures:

- Patients are scheduled in a timely fashion to minimize wait time in the front office.
- Once a patient arrives, temperature is obtained, and COVID-19 screening questions asked before entry to patient exam rooms.
- Each patient room and patient contact areas are meticulously sanitized throughout the day after each patient.
- Masks are worn by Dr. Zeineh and staff. CDC guidelines are followed for washing hands and cleanliness (see www.cdc.gov/coronavirus for detailed information).
- Pre-operative COVID-19 testing and isolation in the perioperative period for surgical patients.

Please let me know of any questions or concerns that you may have.

Thank you so much.

Sincerely,

Linda L. Zeineh, MD, FACS

About Linda L. Zeineh, M.D.

Dr. Zeineh is an active member of the American Society of Plastic Surgeons and the American Society for Aesthetic Plastic Surgery. She combines over 15 years of experience with cosmetic and reconstructive surgery in private practice with new technology and techniques in the care of her patients. Her first priority is the satisfaction and well-being of her patients, providing compassionate and personalized care.

A complete range of non-surgical and minimally invasive rejuvenation procedures are personally performed by Dr. Zeineh on her patients to achieve and maintain a youthful, refreshed, and natural appearance, including facial injections, skin tightening and facial/body contouring. Surgical procedures that Dr. Zeineh performs include: facial rejuvenation, body contouring, reconstructive and cosmetic breast surgery, and reconstructive surgery.

Dr. Zeineh respects your time and your privacy. If you no longer want to receive e-mails such as this one, please [click here](#). Note: Please do not respond to this E-Mail. The reply to E-Mail address is not a monitored account.

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